

Market Hall lunch

A flexible, individual and inspiring lunch
experience every day



Bowls

- Green herbs marinated chicken with pointed cabbage, spinach, parsley, spring onion, edamame, green pepper and pumpkin seeds. Served with parmesan dressing. (1,2,6,7,11,13,15)
- Flank steak in wasabi with pointed cabbage, spinach, pasta with herbs, beetroot, peas and spring onion. Served with parmesan dressing. (1,2,6,7,11,13,15)
- Curry marinated chicken with chickpeas, black quinoa, pointed cabbage, spinach, carrot and spring onion. Served with soy dressing. (1,7,11,13,15)
- Tuna salad with edamame, pointed cabbage, spinach, spring onions, jalapenos, carrot, peas and herbs. (2,3,6,7,11,13)
- Quinoa-balls with pointed cabbage, spinach, bulgur, edamame and beetroot. Served with parmesan dressing. (1,2,6,7,10,11,13,15)
- Hummus with pointed cabbage, spinach, bulgur, edamame, carrots, artichoke and semidried tomato. Served with goma dressing. (1,7,8,13,15)
- Baked salmon with pointed cabbage, spinach, bulgur, edamame and beetroot. Served with goma dressing. (1,3,4,7,8,15)
- Mozzarella, pointed cabbage, spinach, artichoke, semidried tomato, carrot, spring onion, chickpeas and black quinoa. Served with ajvar dressing. (6,8,9,13,15)

Tapas

Today's tapas board. Served with Italian salami, serrano, two types of cheese and the kitchen's choice of spread. Served with focaccia bread with tomato and olives. (1-15)



Open sandwiches, 2 pieces

Choose gluten-free rye bread on selected open-sandwich packages.

- Roast beef with pickled cucumber, roasted onions and remoulade.
Fish fillet with remoulade and lemon. (1,2,3,11,13)
- Eggs and shrimps. Topped with San Marzano tomato and lime mayo.
Fish fillet with remoulade and lemon. (1,2,3,5,11,13)
- Sausage roll, pickled mustard cloud, mustard cream and red onions.
Chicken salad, bacon and roasted mushrooms. ((1),2,6,11,13)
- Potatoes, watercress, mushrooms and pepper mayonnaise.
Meatball with remoulade and cucumber salad. ((1),2,6,11,13)
- Roast beef with pickled cucumber, roasted onions and remoulade.
'Skagen' cold cuts salad with black pepper. (1,2,5,6,11,13)
- Liver paté, salted beef, pickled mustard cloud and onion rings.
'Fuglekvidder' with herbs. (1,2,3,6,11,13)
- Roast pork, red cabbage, pickled cucumber, mustard cream and crispy rind.
Chicken salad, bacon and roasted mushrooms. ((1),2,6,11,13)
- Potatoes, watercress, mushrooms and pepper mayonnaise.
Soft-boiled egg. Served with herbs and tomato cream. ((1),2,11,13,15)
- Baked tomato, San Marzano tomato, onion rings and tomato cream.
Cold cut salad made from mushrooms and quinoa, hazelnuts, spinach and herbs. ((1),9,10,11,13,15)

Sandwiches

Choose between three types of bread. (Light, dark or gluten-free bread)

- Chicken and bacon with onion relish, cornichon, pepper, pointed cabbage, spinach and curry dressing. ((1),2,6,11,13,15)
- Quinoa-balls with hummus, artichoke, semidried tomato, pointed cabbage, spinach. ((1),2,8,10,11,13,15)
- Ham and cheese with semidried tomato, cornichon, pepper, pointed cabbage, spinach and mustard mayonnaise. ((1),2,6,11,13,15)
- Marinated long-roasted beef breast with cornichon, pepper, jalapeno, pointed cabbage, spinach and mayonnaise. ((1),2,6,10,11,13,15)
- Tuna salad with herbs, cornichon, pepper, pointed cabbage and spinach. ((1),2,3,6,11,13,15)
- Italian fennel salami with cornichon, pepper, pointed cabbage, spinach and jalapeno mayonnaise. ((1),2,6,11,13,15)
- Hummus with beetroot, carrot, red onion, herbs, pointed cabbage and spinach. ((1),8,11,13,15)
- Roast pork with red cabbage, pickled cucumber, pointed cabbage, spinach and mustard mayonnaise. ((1),2,6,11,13)
- Salmon mousse with cream cheese, herbs, cornichon, pepper, pointed cabbage and spinach. ((1),3,6,11,13,15)
- Chicken with onion relish, cornichon, pepper, pointed cabbage, spinach and curry dressing. ((1),2,6,11,13,15)

● Vegetarian | ● Vegan | ● Lactose free | ● Gluten free | ○ Gluten-free bread

Warm portions dish

You can also choose one of our warm portions dish. You can choose from our favourite, vegetarian, vegan, gluten/lactose free and halal menu.

Market hall lunch

Cake every thursday

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Portions dish

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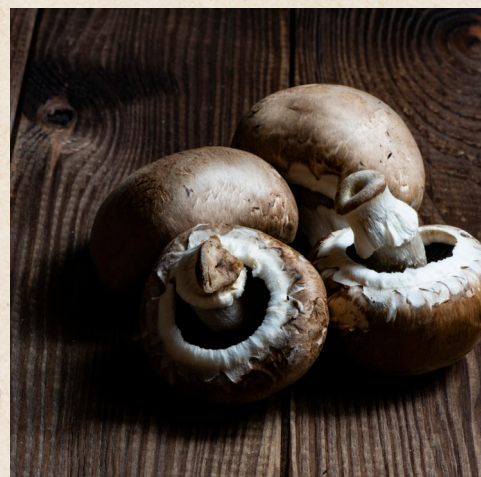
Order from day to day

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Free of choice

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From only 1 person



Contact us

Do you have further questions, please contact us on:

@ torvekoekken@torvekoekken.dk

☎ 70 22 82 12



All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.